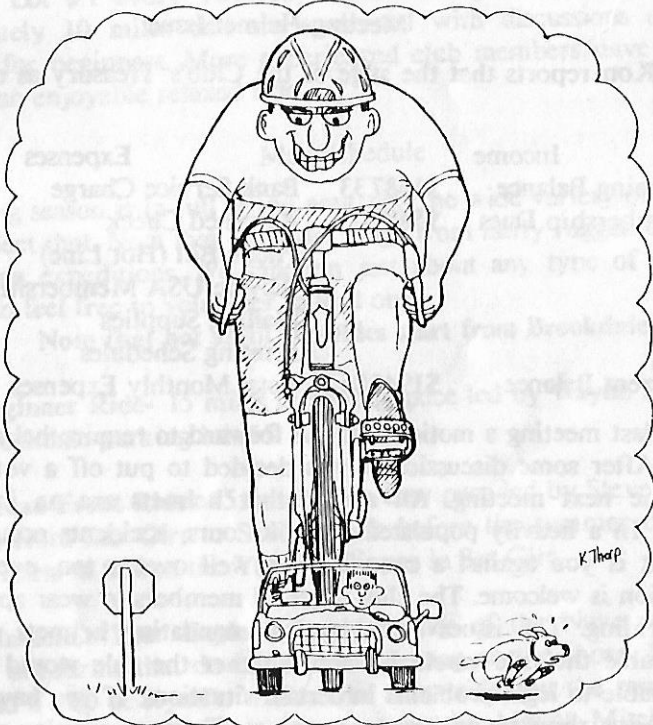


THE

SHORE

THING

THE JERSEY SHORE TOURING SOCIETY NEWSLETTER MAY 1987  
JSTS HOTLINE 747-8208



WHEN CYCLISTS DREAM...

### New Members

We would like to welcome the following new members to the club, we hope to see you out riding soon.

Lena Rechner-Wayside	Joanne Kirsch-Edison
Chuck Meyer-Lauerence Harbor	Debra Moore-Manasquan
Barbara Loechel-Spring Lake	Eve Kowalsky-Freehold
Terry Gibson-Toms River	George McKulla-Long Branch
James Brown-Cheesequake	Ron Flannery-Oceanport
Brenda-Dozier-Long Branch	Cecelia Connolly-Manalapan
Joan Ellis-Belmar	Mary Sanders-Long Branch
Robert Amos-Barnegat	Philip Brown-Morganville
Carol Weidele-Edison	A. Ira Wiss-Englishtown
Maryann Schweitzer-Eatontown	

### Meeting-Helmet Issue

Bob O'Kon reports that the state of the Club's Treasury as of 3/31/87 is as follows:

Income		Expenses	
Opening Balance	\$1687.33	Bank Service Charge	\$38.33
Membership Dues	\$588.00	Returned Check	\$12
		Phone Bill (Hot Line)	\$7.47
		Bicycle USA Membership	\$35
		Mailing Supplies	\$50
		Printing Schedules	\$186.67
Current Balance	\$1945.86	Total Monthly Expenses	\$329.47

At the last meeting a motion was put forward to require helmets for all club rides. After some discussion it was decided to put off a vote on this issue until the next meeting. All agreed that helmets are an important safety feature. In a heavily populated area like ours, accidents occur all too often. When it is you against a car weighing well over a ton, every bit of extra protection is welcome. The club urges all members to wear approved helmets while riding. The issues raised against mandating helmets concerned how enforceable the rule would be, and whether the rule would make the club more liable to legal problems in certain situations. If you have an interest in this subject, show up at the next meeting. The next meeting of the JSTS will be on Monday May 11, at the Register Building in Shrewsbury at 8:00.

### Sandy Hook Beach Rides

Every Tuesday and Friday night the club has informal rides starting at parking lot D on Sandy Hook at 6:00 or whenever you can make it. At these rides everyone can go at their own pace and for as long as they please. With little traffic and empty beaches, Sandy Hook on weekdays is ideal for a good after work work-out. The best part occurs after the ride - the riders retire to a nearby eating establishment to make up for those calories lost while riding. An evening of riding at the Hook followed by steamers and a cold one (or two) at Moby's sure beats being a couch potato.

### Thursday Evening Instructional Rides

Frank Davis is running a series of beginner's rides starting at 6:30 PM from Brookdale Lot #1 every Thursday night starting in May. These rides are approximately 10 miles and are combined with discussions on bicycling technique for beginners. More experienced club members have often found this to be an enjoyable relaxed ride.

### May Schedule

The cycling season is in full swing now, and the wide variety of rides offered below reflect that. Note that our rides range from fairly rugged camping trips to shopping expeditions. We sanction just about any type of ride you can imagine, so feel free to volunteer to lead one.

**Note that not all of the rides start from Brookdale.**

**May 3 Beginner Ride-** 15 miles at an easy pace led by Wayne Baker. Start at 9:00 at Brookdale parking lot #1.

**May 3 Ocean Front Ride-** 25 miles at an easy pace led by Steve Karger. Ride the shore from Sea Girt to Sandy Hook before the summer crowds arrive. The ride starts at 8:00 at the Yankee Clipper in Sea Girt.

**May 9-Navesink Tour** Explore the backroads of the Navesink area. Some parts are old farms that do not seem to belong on the shore. Includes Twin Lights and a stop at Stymi's. Will not be a fast ride, but the route is hilly and includes some unpaved roads. Starting at the Mount Mitchell Overlook Parking Lot at 9:00. This ride is about 20 miles long and is rated easy to moderate. Brian Schmult will be the ride leader. (787-4447)

**May 9-Time Trial-** 17 miles, individual pace led by Mark Schilke. Evaluate your riding strength by taking this timed challenge. If enough people are interested, the trial will run throughout the year to keep track of your

performance. 7:30 Brookdale lot #1.

**May 10-Al's Century** A moderately paced 100 mile ride with some hills, but mostly flat. We will leave Brookdale and head for Atlantic Highlands, then south along the ocean to Seaside Heights. The ride will return through Allenwood. It may be a good idea to bring food along since we may not stop much. This ride will leave Brookdale at 8:00. For more information call Al McCormick at work 949-3925 or home 477-2014.

**May 10-Ride/Eat/Shop Ride** This 35 mile ride will feature a stop at the Englishtown Auction, one of the East Coast's largest flea markets. Bring empty panniers if you can not resist a bargain, or just sample the various culinary delights. The ride will start at 10 from Brookdale lot #1 and will be led by Joan Joselson. The pace will be moderate.

**May 17-2 Whls Rvr Vu-** 30 miles moderate pace led by Pete Tucker starting at 10:00, Brookdale lot #1. Great views of the Atlantic Ocean and Navesink River are offered on this ride thorough Northeast Monmouth County. (Of course this implies that one must climb the hills to sample the views.)

**May 17-Your More Shore Tour-** 25 mile easy pace led by Dick Davison. Starts at 9:00 at Padi's Pedal Power. Another relaxing ocean front ride down to Island Beach State Park and back with plenty of salt air for everyone.

**May 22-25-Memorial Day in PA.** Three days of riding in eastern Pennsylvania on Memorial Day weekend. Exact routes and plans yet to be determined. Probable areas include Berks, Luzerne, and Pike counties. Lodging will probably be base camp and day rides, but other arrangements are possible depending on interest. Contact Brian Schmult at 787-4447 as soon as possible if you are interested. This will be a difficult ride with 60 to 75 miles per day of hilly terrain.

**May 25-Tour to Sommerville-** A 50 mile moderately paced ride led by Mark Schilke starting from Brookdale lot #1 at 9. No, we will not be entering the races, but this National Prestige Classic series of criteriums offer plenty of excitement for the spectators. Every year, the town of Sommerville takes on a fairground atmosphere as they host the Kugler-Anderson Memorial Race.

**May 30 Lobster Shanty Ride-** 35 miles, easy pace led by Della Wheeling. Starts at 9:00 at the Allenwood School. If you want to carpool down meet at 8:15 at the Brookdale lot #1. The ride-a-lot/eat-a-lot/ride-a-little format of this annual ride has a patent pending by our club. No wonder we are sometimes called the Jersey Shore Eating Society.

**May 31-Thompson Park to Thompson Park-** 50 miles moderate pace led by Tom Warciski starting at Brookdale lot #1 at 9. This ride follows the MS route to Jamesburg and back. No matter how much Brian complains, Jamesburg is a nice midway point for a ride.

**May 31-Self-Supported Century** 100 miles led by Skip Hallowell. This ride will go along with the above ride, but will not stop until it reaches the Delaware River, Skip has a new De Rosa, so do not expect the pace to be easy after Jamesburg.

### Vermont Bike Trip

June 17-21

Ocean County Ski Lodge-Chittendon Vermont (Near Rutland)

Lodging \$5 per night, payable in advance. Advance group leaves our area Tuesday evening, June 16th. Returns Sunday, June 21.

Tours are planned for Wednesday through Saturday. We have route sheets for all tours - all require car travel to start/end point or you can go off on your own - remember, Vermont is big.

Stay any combination of nights-Group meals available.

Limited bike transportation and car pooling available.

Sightseeing, canoeing and excellent hiking are alternative activities available in the area.

If you have any questions that are not too dumb call Frank Davis during business hours at 649-7279 or see him Tuesday and Friday evenings at the Sandy Hook rides.

#### TOUR ITINERARY

Wed June 17	Tyson-Bridgewater Corners	19 or 29 miles.
Thursday	Woodstock-Quechee	24.5 miles
Friday	Rutland	40 or 68 miles
Saturday	Brandon-Fort Ticonderoga	44 miles

Ride Review-Skylands Bike Trek

Submitted by Paul Schneider

Last fall, I had a great time at the SKYLANDS BIKE TREK, a three day tour through northwestern New Jersey conducted by the American Lung Association of Central New Jersey. The event was actually a mini-vacation on

wheels and I'm encouraging all riders to take part in the second annual SKYLANDS BIKE TREK, which takes place Oct 11-12, 1987.

Our home base for the trek weekend was the Beisler Camping and Recreation Center, a sprawling 250 acre retreat in Pleasant Grove New Jersey. Overnight accommodations were provided dormitory style in exceptionally clean lodges replete with indoor showers, a rec area and a lounge. Participants were also given the option of "tenting it." (They had to bring their own equipment)

All meals were provided by the Association. Breakfast and dinner were served in the camp's dining hall, and in the mornings a buffet table was set up where we could make up our own bag lunches to take with us. In the evenings after dinner, many of us went back to the lounge in the main building where we played charades in front of a roaring fireplace and a few of us took place in a ping-pong tournament. A special extra attraction on Saturday night was a performance by a folk singer.

The Trek itself was well organized and the terrain well varied. Our first day consisted of a 30 mile ride through Hunterdon County and included a guided tour through the Tewksbury Wine Cellars. Our second day took us on a 45 mile tour through a different part of Hunterdon County and included a lunch stop at the Clinton Historical Museum. We went on a 30 mile tour through Morris County on the last day and we ended up a Jockey Hollow. Everyone rode at their own pace and the scenery was absolutely gorgeous.

I was impressed with the care, concern and commitment the Association showed towards the Trekkers. They provided checkpoint stations where water, gorp, and fruit were in ample supply. They also provided sag wagons that followed us throughout the three day journey, picking up the Trekkers who were too tired and keeping an eye out for everyone's safety.

The second annual TREK will follow the same basic format as the event I've just described, with Camp Beisler again serving as home base. Evening entertainment will include a folk singer on Oct. 10 and a square dance on Oct. 11.

The registration fee for the Trek is \$25 per person and each Trekker is required to raise a minimum of \$275 in pledges. All proceeds will benefit the Lung Association's programs and services for children and adults with respiratory diseases.

For more information, please contact Mary Jane Brubaker at the American Lung Association, (201) 388-4556 on weekdays or call me at home in the evenings (201) 367-2466.

### One Person's Junk is Another's Treasure

If you want to submit a for sale or want ad, sent it to the club PO box or bring it to a meeting.

**Windsurfer wanted** - cheap. Call Sue Bremner at 957-9122

**For sale or swap** - One pair of lightweight, quality racing wheels.

— Rims: Campagnolo Record Crono (time trial) - 32 hole

— Hubs: Campagnolo Record - 6 speed rear spacing

— Spokes: DT stainless 15/16/15 double-butted, built cross three  
Excellent condition! Valued at \$250, asking \$200 or trade for track frame.  
Call Mark at 591-9279

**For sale:** Raleigh 21" Technium 480 \$225. Call Leslie at 542-0581 8-9 pm or (212) 640-3363 during the day.

**For sale:** 24" Schwinn LeTour 10 speed bicycle. Please call Jay Schecter at 739-0044.

**Bicycle maintenance**-Done be *Bike Nashbar Certified Installer*. Call Mar Schilke at 591-9279.

**10% Discount**-At Bicycles Unlimited