# JSTS Minutes of October 22, 2012 Meeting

The meeting was called to order at the Monmouth Worship Center, Marlboro, at 7:00 pm. Introductions of four Board members (President Deb Asbjorn, Vice-President Fred Sweet, Treasurer Caren Less and Secretary Sue Scarola) and the members present were given.

#### Minutes

The minutes for the September meeting were approved as posted on the website.

## *Treasurer's Report*- Caren

Caren read the treasurer's report for September 2012. A motion made to accept the report was seconded and carried.

## Membership Report

For 2012, we have 375 paid members, including individuals and families), 10 bike clubs, and 6 lifetime members. Eleven memberships have been received for next year.

## Correspondence

Sue circulated miscellaneous mail.

### **Ride Reports**

The ride leaders present indicated that the rides are going well. Riders are encouraged to report their mileage for the year as of November 1, 2012.

### **Upcoming Events**

- · Minnewaska Ride October 27 (weather permitting) for mountain bikes and hybrids, or hiking. See website for information.
- · Holiday Party December 8, 2012, Lincroft Inn, Lincroft, from 6-8:00 pm. Cost is \$15 for members and \$20 for guests. Dinner will be served. Please provide Debbie with any fun facts from the bike season.
- · Election of Officers, November 26, 2012 -- All board positions are open. The President has indicated that it is her intention to run again. If interested in an officer position, please advise Don Levy. See the By-Laws for officer duties and election information. All nominations must be submitted to the election committee by November 1; the deadline for receipt of absentee votes is (for those who won't be present on 11/26) November 23.

#### **New Business**

- The proposal raised at the September meeting to purchase 150 cue sheet clips at a cost of \$2.50 each + shipping with a budget line item for 2013 for re-order, to be given to new members and to those who do not have a cue clip, was passed.
- · Cape May Weekend --Andy Abere reported that he has secured the Cape May house for the weekend of April 12-14. Andy also has a child's road bike available for members to borrow.
- · CC Cycles (Catholic Charities), Lakewood, NJ -- Barb Clancey spoke about the bike shop that Catholic Charities is opening in the spring in Lakewood. It is designed to be part of the NJ Bike Exchange. Volunteers sell, fix and repair bikes, primarily for children. Bike drives will also be conducted to get bikes into the program. CC Cycles will be a place where children can meet and hang out and build a bike with the assistance of volunteers. Any profits go to fund the social welfare programs of Catholic Charities, which assists people of all faiths with drug counseling, homelessness, hunger prevention, etc. Debbie can provide contact information if members wish to volunteer.

- $\cdot$  Winter riding -- Fred Sweet spoke about the importance of layering to keep yourself warm for winter riding.
- · Don Clapp spoke about his winter riding theory of overheating the torso which pushes excess heat to the extremities and keeps them warm. Don also runs a training program from his home which is an intensive interval regimen to music once per week, with bikes on computrainers, designed to improve performance. Members are invited to join. Interested members can contact Barb Bennett or Debbie Asbjorn.