

JSTS Meeting Minutes of April 16, 2012

Meeting called to order at Monmouth County Library, Manalapan, at 7:05 pm.

Introductions of four Board members (President Deb Asbjorn, Vice-President Fred Sweet, Treasurer Caren Less and Secretary Sue Scarola) and members were given.

Treasurer's Report – Caren Less

- Caren read the treasurer's report for February 2012. A motion was made to accept the report and carried.
- Caren read the treasurer's report for March 2012. A motion was made to accept the report and carried.

Minutes

- The minutes for the February meeting were accepted as posted on the website.
- The minutes for the March meeting cannot be approved because it was not an official meeting as a quorum was not present.

Membership Report – Caren Less

- For 2012, we have 230 paid members – 6 bike clubs, 156 individuals/families, and 6 lifetime members.

Correspondence – Sue Scarola

- Sue circulated miscellaneous mail.

Ride Report – Deb Asbjorn 2012 Club or Ride Events:

- Deb reported that the NJ marathon/mini-marathon is looking for ride marshals
- Champagne Ride – April 22 –Please confirm attendance with Stephanie McAuliffe so that she can order the right amount of food.
- ABC bike club – May 6 – needs corner marshals for its Colts Neck ride
- Autism Ride – June 9 – Needs marshals and help. Please sign up with Andy Abere
- Bike Virginia – June 22-27. Rob Leitner reported that 27 members have signed up for this ride. There is at least one opening. If interested, contact Rob.
- Vermont Challenge –August 16 - 19 – 5 people have signed up for this 3-4 day event which is *not* for beginners. If interested, contact Barb Bennett.

Ride Leaders - Barb Bennett

- Barb Bennett reported that ride leaders are needed for some of the Saturday and Sunday rides. Please check the website, and, if interested, please advise her (email is on the contact page).
- C/D "scenic ride" of approximately 15-16 miles designed to coincide with the all-pace ride on Saturdays has been added to the schedule. Ride leaders are needed for some weeks. If interested, please check the website. Anyone wishing to add a ride must go through the ride committee first.

New Business - Deb Asbjorn

- NJTPA Monmouth County Route 537 - Stakeholders Survey – Monmouth County Public Works and Engineering Department is extending an invitation to local officials and key community

stakeholders in the area of Route 537 from a point just west of Gravel Hill Road (Mile Post 48.85) in Freehold Township to a point just east of NJ Route 33 Business (MP 51.65) in Freehold Borough to act as representatives to discuss transportation interests and issues in the corridor.

Based upon the results of this survey, the Project Team will develop a Community Stakeholders Group of members from Freehold Borough, Freehold Township and the region, which will meet for three meetings within the year to discuss improvements to the Route 537 Corridor within the study area. **I am looking for 2 or 3 members to put their heads together to answer the questionnaire for submission. If you are interested please contact Debbie @ daasbjorn@gmail.com**

- East Coast Greenway Alliance – briefly discussed and passed around some written info. Will try to get guest speaker to attend meeting to talk about the project.

Following the business meeting, Guest Speaker Don Clapp spoke about pre-ride safety check. An interactive discussion ensued, emphasizing the importance of checking your bike prior to arriving at the rides to ensure it is in good working order.

Shoes

- ✓ Check cleats for wear and tighten them prior to each ride.

Tires

- ✓ Every time you ride, inflate tires to the proper inflation pressure. Note that the wheel rim for your bike is designed for max pressure, usually 125 psi. Therefore, take care not to over-inflate your tires.
 - Max Clincher rim – max pressure 125 psi
 - Mavic rim – max pressure 135 psi
- ✓ Check the tire for wear and sharp pieces that can eventually make their way through the tire and cause a flat.
- ✓ Check for cuts in the tire and make sure the casing is not showing through. If so, you need a new tire.
- ✓ **Note:** Latex tube vs Butyl tube – Butyl tube has a higher tendency for blow out. Latex tube is a little more expensive but will hold air longer in the event of a puncture.

Wheel

- ✓ check the rim tape to ensure spoke holes are covered. The valve hole can be sharp and can cause wear @ the valve stem. To remedy – place a piece of cloth rim tape (or electrical tape) over the hole, cut a x in the tape and fold over to cover the edges of the hole. Your valve stem should fit snugly.
- ✓ Check spokes. Loose spokes should be tightened. Tension on the drive (chain) side is higher than the non-drive side.

Bike frame

- ✓ Go over your bike with the appropriate size allen wrench to ensure all fittings are snug.

What you should have with you on every ride: spare tube (store in a unused sock to prevent punctures), allen wrenches that fit your bike, correct size spoke wrench, an on-frame tire pump or CO2 cartridge for tire inflation.

A motion to award Don an honorary 1 year membership as he is a 2 time- guest speaker was voted and approved. Welcome, Don, and thank you for this very important information.

The next meeting will be in May at a date and place to be determined.

The meeting was adjourned at 8:35 p.m.