

## JSTS Minutes of January 14, 2010 Meeting

Meeting called to order at Centrastate Health & Wellness Center in Freehold by President Harold Brenner at 7:10 pm. A spinning class followed the meeting at 7:45 pm.

Introduction of 3 board members (Harold, Charlie, Donna) and 23 members was announced.

### **Minutes**

- Minutes were accepted as posted on the web site.

### **Treasurer's Report – Charlie Kirlew**

- Charlie distributed copies of the Budget and read through the categories. Rob Leitner commented that the bulk of the money went towards funding the holiday party and shirts. A motion was made to accept the Budget and carried.
- Charlie read the Treasurer's Report for 12/1/09 – 12/31/09, and a motion was made to accept the report and carried.

### **Membership Report – Charlie Kirlew**

- To date, we have 76 individual members and 18 family members. Seven additional memberships were received from a combination of online, mail and at the meeting. Rob Leitner remarked that the new password for 2010 is needed to access the membership list and route sheets.

### **Ride Report – Harold Brenner**

- **Frostbite Series**  
17 members completed the series. Steve Ellis pointed out that it was possible to have completed the series this year having only ridden 1 of the 4 weekends, due to rides being cancelled for the other 3 weekends. Members simply needed to show up and sign in for those other 3 weekends in order to get credit for having ridden on those 3 weekends. Harold said that this would be a topic to be discussed further at a future meeting.
- **Road Rides**
  - **Ride Coordinator** – Fred Sweet has volunteered to be the Ride Coordinator. Everyone applauded Fred for stepping up to the plate – good luck Fred!
  - **"A" Ride Captain** – Al Faragasso has volunteered to be the Ride Captain for the A group. Everyone applauded Al even though he wasn't present – way to go Al!
  - **Saturday Morning Rides at MJ Tighe Park** – Tom Kelly volunteered to sign in riders and provide waivers.
  - **Saturday Mornings at Allaire Park** – Pete Benton, Mary Knecht and Wes Sharick, will continue the successful "D" rides for beginner riders. Pete said one route goes to Manasquan and another is a 16 mile loop to Farmingdale.

- **Thursday Night Ride at MJ Tighe Park** – Fred Sweet is moving the Thursday night rides from Manasquan Reservoir to MJ Tighe Park due to a better turnout at this location. In addition, Fred has developed new routes for 20 miles, 25 miles, and the longest day ride (it will go to the beach).
- **Tuesday Nights at MJ Tighe Park** – Dan Hinton wants a “B” ride posted to advertise this ride is not only for A riders. Dan will do the same route as the A riders but at the B pace.
- **Thursday Nights at Brookdale (Pizza Ride)** – Dan Hinton wants a “B” ride posted to advertise this ride is not only for C and D riders. Dan has created a 20 mile route for the B riders.

### **MISCELLANEOUS**

- **Bicycle Summit**

Dennis Cronin brought a flyer regarding a Bicycle Summit on Saturday, February 27 in Denville, NJ. Here’s where the info on the bicycle summit can be found: <http://www.njbikesummit.org/>

- **Speaker from Centrastate**

Brian spoke for a few minutes regarding the benefits of their hospital-based fitness and wellness center and offered a corporate discount if 10 people from JSTS joined. Everyone was given a BPA-free water bottle and a free day-pass for a return visit.

- **Spin Class**

Karen, our instructor, guided us through an hour of heart-thumping spinning. Harold provided the music, which started off with the Bonanza theme as a warm-up (he got a lot of ribbing for that). We climbed hills and sprinted on the flats, and a great time was had by all who attended. Thank you, Harold, for coordinating such a unique meeting/workout!

**The next meeting date is yet to be announced, but will tentatively be located at the Manasquan Reservoir Visitor Center. Bagels, hot chocolate and coffee will be provided. After the meeting, everyone is invited to walk the 5 mile loop around the reservoir. Harold will look into whether or not Winter Madness credit will be given for the walk. Details will be posted on the website.**

The meeting was adjourned.