



BIKE VERMONT AUG 4-6 2017

Weekend in VT road riding through the Randolph and Moss Glen Valleys, mountain biking on Lake Champlain. Final price for Fri and Sat nights: CJSC Lodge members \$20, CJSC members \$60, JSTS and Guests \$70, includes road route sheets for 80, 50 or 40 mile rides on Sat and 32, 37 or 50 miles on Sun or for the mountain biking Sat. guided tour onto Lake Champlain and Sun either Killington (lift extra) or another TBD. Snacks Fri night, breakfast Sat, back yard grill picnic dinner Sat night and light breakfast Sun. The lodge is community living (10 to a room, bunk beds). Option to stay over Sunday night for an additional fee, meals not included. Reservations to Bill Metzgar by Email: wmetzgar@aol.com (732) 525 1723 by July 28 (lower bunks are on a 1st come bases Fri. night). Send checks made to Bill Metzgar, PO Box 1413 Laurence Harbor, NJ 08879