

# CYCLE CHAMPIONS



## FOR PEOPLE WITH CF

### Important note on Attendance at Foundation Events:

To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe six-foot distance from anyone with a cold or infection.

Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends that all people with CF maintain a safe six-foot distance from each other at all times while attending an outdoor Foundation-sponsored event. All CF Cycle for Life rides are non-smoking events.

### For More Information Contact Your Local Cystic Fibrosis Foundation Chapter

Greater New Jersey Chapter  
1719 Route 10, Suite 229, Parsippany, NJ 07054  
973-656-9200  
[www.cff.org/newjersey](http://www.cff.org/newjersey)  
[www.facebook.com/cffgreaternj](https://www.facebook.com/cffgreaternj)



[WWW.CFF.ORG](http://WWW.CFF.ORG)  
1.800.FIGHT.CF

NJOO-CFF-3C365094

REGISTER NOW!



September 30, 2018

Hazlet Fire Company #1  
570 Holmdel Road, Hazlet, NJ

**Genentech**  
*A Member of the Roche Group*

<http://fightcf.cff.org/njcycle>  
973-656-9200

Get your wheels in motion and join us for our 7th annual bicycle event as we ride through some of the most picturesque and scenic terrain in Central New Jersey. Featuring two brand new routes this year!

The CF Cycle for Life is a fully-supported ride with route options of 30 & 63 miles. From breakfast to our cycle post party, you can enjoy fully stocked rest stops, bike mechanics for bicycle maintenance and repair, and support vehicles to help you complete the ride. If you are a biking enthusiast, take your ride to the next level by signing up for CF Cycle for Life and help add tomorrows to the lives of those with cystic fibrosis today!



# TEAM UP

Cystic fibrosis is a life-threatening genetic disease that primarily affects the lungs and digestive system. An estimated 30,000 children and adults in the United States (70,000 worldwide) have CF.

The Cystic Fibrosis Foundation, a nonprofit, is the world's leader in the search for a cure for CF. The Foundation funds innovation research and works to provide access to quality, specialized care and effective treatments for people with CF.

The Cystic Fibrosis Foundation is one of the most efficient organizations of its kind and is an accredited charity of the Better Business Bureau's Wise Giving Alliance.

Nearly every CF drug available today was made possible because of Foundation support. Through its efforts, the life expectancy of a child with CF has doubled in the last 30 years, and research to find a cure is more promising than ever before.

To learn more about cystic fibrosis and the CF Foundation, visit: [www.cff.org](http://www.cff.org).

## HOW TO GET YOUR WHEELS IN MOTION

Join CF Cycle for Life with a team of co-workers, friends or family members and make a difference.

**REGISTER TODAY AT <http://fightcf.cff.org/njcycle>**

**Registration Dates and Fees**

01/01/2018 – 05/31/2018	\$25
06/01/2018 – 08/31/2018	\$35
09/01/2018 – 09/30/2018	\$45

**Minimum Fundraising Requirement \$200**

The minimum fundraising requirement of \$200 is due on or before September 30, 2018. . If you have met your minimum fundraising by the day of the event, we encourage you to keep fundraising. Reach for the stars and earn great rewards and recognition. Even though the minimum is due by the day of the event, you have one month after the event to raise more and earn these rewards. The average amount a participant raises is \$330. Registration fees are non refundable and non transferrable and do not count towards your fundraising minimum. Thank you for adding tomorrows for people with cystic fibrosis.

**For more information call 973-656-9200 or visit your local area chapter: [www.cff.org/newjersey](http://www.cff.org/newjersey)**

**Minimum Pledge Requirement Policy:** The minimum pledge requirement is due by the event day. However, you will have one month after the event to keep fundraising. By doing so, you have the opportunity to earn more great cycling prizes including the official event jersey. Policy for Minors: All participants must be 16 years of age or older on the day of the ride. No one under the age of 16 will be permitted to participate in CF Cycle for Life.

